



PROGRAM : NATIONAL DIPLOMA
SOMATOLOGY

SUBJECT : AUXILLARY THERAPY MANICURE AND PEDICURE
FINAL SUPPLEMENTARY THEORY EXAM

CODE : STEA 112

DATE : DECEMBER 2016

TIME : 8:00 – 11:00

DURATION : 180 MINUTES

WEIGHT : 50:50

TOTAL MARKS : 120

EXAMINER : MRS. S. JOOWALAY

MODERATOR : MRS F. DENATH

NUMBER OF PAGES : 4

INSTRUCTIONS TO CANDIDATES:

PLEASE ANSWER ALL THE QUESTIONS.

GOOD LUCK!

Question 1

1.1 Elucidate on the purpose of client consultation? What considerations are important to use in your consultation to gather all the information required. **(3)**

1.2 Elaborate on why you should encourage your client to ask questions related to his/her treatment before it commences **(2)**

1.3 Taking into account health and safety hygiene requirements, how can cross infection be avoided when carrying out manicure and pedicure treatments? **(4)**

1.4 Discuss the methods used to disinfect and sterilise tools and equipment in a salon environment.

Provide three **(3)** examples of each **(8 x ½ = 4)**

1.5 Personal presentation and hygiene are important aspects to create a good impression. Provide a few suggestions you would offer a client regarding daily hand care. **(4)**

1.6 Relate the purpose of performing hand and nail treatments (include both manicure and pedicure). **(4)**

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Question 2

2.1 You suspect that your client has a contagious contra-indication what actions would you take for the welfare of the client, yourself and others. **(2)**

2.2 Discuss the following contra-indications: **Onychomycosis, Onycholysis** and **Paronychia** under the following headings:

2.2.1 Appearance of the above conditions. **(9)**

2.2.2 Offer treatment suggestions if you had a client suffering from the above mentioned conditions **(3)**

2.3 Identify the cause and treatment of the following conditions:

2.3.1 Corns (4)

2.3.2 Chilblains (4)

2.3.3 Blue nails (4)

2.4 Explain how tinting would be performed when treating the following clients:

2.4.1 A very nervous client; who has never had a tint before, to ensure a safe, efficient eyelash tinting treatment. (2)

2.4.2 A client requires an eyebrow shape and eyebrow tint, explain in which order would these treatments be given and why? (3)

2.5 Long and well-curved eyelashes not only appear attractive, but also enhance the looks of the individual. Unfortunately, not everyone has such beautiful lashes. Provide a detailed description of the three (3) different types of lashes. (6)

Strip Lashes

Separate Flares

Individual Strands

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Question 3

3.1 Identify the components of a healthy nail and how to maintain the nail (4)

3.2 List the three (3) layers of the nail (3)

3.3 Discuss nail Growth. (8)

3.4 Name and explain three (3) factors that are known to have a negative effect on the growth of a nail (6)

3.5 Identify the cause and symptoms of the following conditions and elucidate on how you as a Somatologist can treat these conditions with alternative therapies within the scope of a Somatologist.

3.5.1 Bunions (4)

3.5.2 Tinea Pedis (4)

3.5.3 Gout (4)

3.5.4 Hammertoes (4)

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Question 4

4.1 Discuss factors that influence the selection of a suitable colour for a client before tinting. **(Motivate answer)** (3)

4.2 Elaborate on the precautions that must be adhered to during a bleaching treatment. (4)

4.3 Identify the safety precautions that should be adhered to during the application of artificial lashes. (2)

4.4 Provide and motivate on the aftercare advice that should be given to a client following:

4.4.1 Artificial strip lashes (2)

4.4.2 Semi-permanent lashes (2)

4.5 Provide an explanation on why and when you would include the following hand and foot treatments in your treatment plan:

4.5.1 Heat treatments (2)

4.5.2 Exfoliators (2)

4.6 To fully meet our client's expectations, we must be knowledgeable about the skin and how to deal with its problems. Usually this will include "skin typing" so that we know how to make informed decisions regarding procedures and care for our clients.

4.6.1 Classify the four **(4)** different skin types which are relevant to the hands (4)

4.6.2 Distinguish how sensitive skin on the hands and environmentally exposed hands would present and how you as a Somatologist would treat it (4)

[25]

TOTAL: [120]